

BUG OUT BAG

What is a bug-out bag? If you have to abandon your vehicle for whatever reason, the bug-out bag lets you take your survival items with you. Most authorities recommend staying with your vehicle in case of trouble, but there will be times when you simply must abandon your vehicle. The bug-out bag lets you keep all of your survival items together, and also lets you carry them on your back if you ever have to bug out.

Taken From BILL BURKE.

Contents the contents of you bag should be enough for you to gone for 3 days at least. All contents should be packed in a waterproof bag or several waterproof bags if necessary.

What is in my bag

1. Any meds that you will for 3 to 5 days
2. 2 pair dry socks
3. 1 pair of pants and underwear
4. 2 shirts, one long sleeve.
5. 2 MREs meals ready to eat, power bars
6. Knife - survival and pocket
7. Several zip lock bags
8. Toilet paper
9. Compass and topo maps
10. Multi tool
11. Head lamp
12. Small tarp

SURVIVAL GEAR.

This list can be made from very cheap from a dollar store and around the house items.

1. First aid kit, including snake bite kit, and cpr mask
2. Rain poncho, can also be used as tarp
3. Pocket knife
4. Trash bag
5. 2 light sticks
6. Candles
7. Water purifying tablets

SURVIVAL GEAR, CONTIUED

8. Sewing kit, can be also used to stitch a wound
9. Pencil and paper
10. Tin foil, also used to treat severe burns
11. Cotton balls
12. Alcohol hand wipes
13. Bullion cubes
14. Coffee and tea bags
15. Para cord
16. 3 types of fire starters, waterproof matches, lighter, fire stick.
17. Duct tape
18. Nalgene Bottle
19. Whistle

This is what I carry in my bag and it is constantly changing to my needs, I can't tell you how many times I or someone else I'm with has had to use something from my bag, always remember that this bag is just as important as your recovery gear in fact that's just what it is recovery gear . for example ... Trail Ride you and 2 other buddies out playing around in the woods several hours go by one of you goes up a hill and rolls over now your miles from nowhere you buddy is busted up and its getting dark. One of you has to stay and one goes for help, you stay you pull out your bag cause your going be there a while. Now you have a blanket to keep you and your buddy warm you also have 3 ways to start a fire so you can keep warm and be seen by the help that is coming, you also food for both of you to keep your energy levels up till help arrives. This is just a small example of what you can do with a bug out bag.

A few rules of common sense...

1. Tell someone where you are going
2. Never go alone

Some websites for referral (These are awesome sites.)

<http://wildwoodsurvival.com>

<http://www.m4040.com/Survival/Survival.htm> this site has a survival test you can take

<http://www.survivaliq.com>